



Value Added Services

CVT is committed to improving the overall health of our participants by providing resources and programs designed to promote a better quality of life. Part of the commitment includes offering many programs at no additional charge to its members. These programs range from wellness and prevention programs to improved communication and customer service initiatives and include:

- "Fit for Life" Wellness Program
- Employee Assistance Program (EAP) by ValueOptions
- Telemedicine - MDLIVE
- Self-paid retiree administration
- Full COBRA administration
- Online enrollment through MyCVT
- Annual open enrollment assistance
- No automated phone tree
- Comprehensive website: www.CVTrust.org
- Quarterly member and district newsletters
- Important e-blast announcements to district management, chapter presidents and labor representatives



For more information, please contact Anthony Pulliam at **800-288-9870** or **AnthonyP@CVTrust.org**.