

# Use Maintenance Choice to Fill Your Long-Term Medications

Maintenance Choice offers you choice and savings when it comes to filling long-term\* prescriptions. Now you have two ways **to save**:

## CVS Caremark Mail Service Pharmacy:

- Enjoy convenient home delivery
- Receive your medications in private, tamper-resistant and (when needed) temperature-controlled packaging
- Talk to a pharmacist by phone

## CVS/pharmacy:

- Pick up your medication at a time that is convenient for you
- Enjoy same-day prescription availability
- Talk with a pharmacist face-to-face

Plus, you can easily order refills and manage your prescriptions anytime at [www.caremark.com](http://www.caremark.com).

## To Get Started

The following chart provides detailed steps to help you start enjoying all the benefits of Maintenance Choice.

IF YOU WOULD LIKE...	THEN...
To continue with mail service	<b>You don't have to do anything.</b> We'll continue to send your medications to your location of choice.
To pick up at CVS/pharmacy	<b>Please let us know.</b> You can do so quickly and easily. Choose the option that works best for you: <ul style="list-style-type: none"> <li>• Register by logging into Caremark.com to select a CVS/pharmacy location for pick up</li> <li>• Visit your local CVS/pharmacy and talk to the pharmacist</li> <li>• Call us toll-free using the number on the back of your Prescription Card, and we'll handle the rest</li> </ul>
To sign up for mail service for the first time	<b>You can do so easily online or by phone</b> <ul style="list-style-type: none"> <li>• Register or log into Caremark.com, select "Start a New Prescription," then click on "FastStart®"</li> <li>• Call FastStart toll-free at 1-800-875-0867. We'll handle the rest</li> </ul>
More information	<b>Give us a call.</b> Use the phone number on the back of your Prescription Card to call us toll-free.

Before you reach your 30-day fill limit and your out-of-pocket cost increases, we will contact you to help you get started with Maintenance Choice. We'll then help you get a 90-day\*\* prescription from your doctor so you can choose to fill it through mail service or at a CVS/pharmacy.

\*A long-term medication is taken regularly for chronic conditions or long-term therapy. A few examples include medications for managing high blood pressure, asthma, diabetes or high cholesterol.

\*\*Actual quantity may vary depending on your plan.