

Health Insight Conversations

Free, on-demand learning presented by ConsumerMedical

Watch an educational webinar on Wildfires, Air Quality and Your Health (recorded October 2020).

Topics covered include:

- Wildfire smoke
- Toxins and particulate matter
- Health effects
- Risk factors
- Symptoms
- Long term exposure
- How to protect yourself
- Preparation

Click the link or scan the QR code to learn about wildfires, air quality and how ConsumerMedical can help you navigate your healthcare.



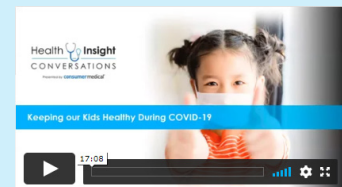
vimeo.com/467930130

Contact ConsumerMedical's clinical team for one-on-one support with:

- Wildfire smoke symptoms
- COVID-19 signs and testing
- Coping with stress and anxiety
- Any healthcare need you have

Health Insight Conversation Library

15-minute episodes with a focus on actionable takeaways—offer valuable tips, resources and strategies to help you navigate today's complex healthcare system.



▶ Click on thumbnail to launch the library

Contact ConsumerMedical

1-888-361-3944

Monday – Friday, 8:30 a.m. to 11:00 p.m. Eastern

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