



Retiring at 65?

Enroll at just the right time.

Your Group Medicare Health Plan Enroll-at-65 checklist

As your birthday approaches, use this checklist to learn what steps to take and when to take them to enroll in Medicare. If you get **health coverage through your employer, union, or trust fund**, these to-dos will help you confidently choose the right plan for you, meet your enrollment deadline, and avoid costly late enrollment penalties.

Let's get started: Mark your calendar with your Initial Enrollment Period

Your Initial Enrollment Period is the official time you can enroll in a Medicare health plan. It lasts 7 months – beginning 3 months before your 65th birthday, including the month of your birthday, and ending 3 months after.

4–6 months before you turn 65

- Learn about your organization's Medicare requirements and options.** Contact your benefits administrator or check your organization's website or enrollment materials to find out if they offer a Medicare health plan, if you'll be automatically enrolled, and more.
- Visit kp.org/learnandenroll to learn about Medicare basics.** It's important to know what to look for in a plan and how Medicare star quality ratings can help you compare plans. Watch our helpful online videos, including "Medicare Part B Simplified" and "Group Medicare: 4 Simple Steps."
- Not a Kaiser Permanente Medicare health plan member, but want to enroll?** Ask your benefits administrator how to enroll in a Kaiser Permanente Medicare health plan.

3 months before you turn 65

- Contact Social Security, enroll in Part B, and request your Medicare card.** Confirm your Medicare eligibility and find out the earliest date you can get your card. You'll need the information on your Medicare card to enroll – and it can take up to 2 months to receive it.
- Enroll now – you don't have to wait until your birthday.** If you have your Medicare card, sign up now.
- Consider enrolling with us online.** It's easy and secure. Visit kp.org/learnandenroll to see if you can enroll online with Kaiser Permanente.

When you turn 65, and up to 3 months after

- If you're retiring at 65, don't delay.** If you retire at 65 and don't sign up before your enrollment period ends – 3 months after your birthday – you may have to pay a costly, ongoing late enrollment penalty.

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Questions? We're here to help.

- **Kaiser Permanente Medicare Learning Center:**
Visit us at kp.org/learnandenroll to watch videos, read about Medicare basics, or get help planning for your future. You'll find plenty of resources to learn what you need to know in a way that works for you.
- **Kaiser Permanente licensed sales specialist:**
Call **1-877-547-4909** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m. Our experienced team can answer your questions and help guide you – even if you don't qualify for Medicare benefits, your organization doesn't offer them, or you have another special situation.

Other helpful resources:

Medicare:

Call **1-800-633-4227**,
24 hours a day, 7 days a week
(TTY **1-877-486-2048**).
Visit [Medicare.gov](https://www.Medicare.gov).

Social Security office:

Call **1-800-772-1213**,
Monday through Friday,
7 a.m. to 7 p.m.
(TTY **1-800-325-0778**).
Visit [SocialSecurity.gov](https://www.SocialSecurity.gov).

Working past 65? See our Group Medicare Health Plan-Ahead checklist.

In California, Maryland and the District of Columbia, Kaiser Permanente is an HMO plan and a Cost plan with a Medicare contract. In Hawaii, Oregon, Washington, Colorado, and Georgia, Kaiser Permanente is an HMO plan with a Medicare contract. In Virginia, Kaiser Permanente is a Cost plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll. Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year and at other times in accord with your group's contract with us. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply.